



February 2019 Volume 20, Issue 2

Welcome to the Meetings! Please Join Us!

Day Group

When: Third Thursday, February 21, Social period - 1:00pm, meeting - 1:30pm.

Where: Lakeside Methodist Church, 2925 NW 66th St., Oklahoma City.

An Audiology Advisor, Sarah Cain, from Hearts for Hearing, will be present at the meeting to answer questions.

Note: If you are a member and we don't have a name tag for you yet, when you come to the meeting let Sylvia Frank know so she can make one for you.

Night Group

When: Second Monday, February 11, Social period - 6:30pm, meeting - 7:00pm.

Where: Lakeside Methodist Church, 2925 NW 66th St., Oklahoma City.

An Audiology Adviser, Elizabeth Musgraves, from Hearts for Hearing, will be present at the meeting to answer questions.

Note: If you are a member and we don't have a name tag for you yet, when you come to the meeting let Sylvia Frank know so she can make one for you.

Any personal news, articles, etc., to be included in the newsletter are due by the 3rd Thursday of the month!

Email the editor (Elaine) at tlains@sbcglobal.net

OUR MISSION

The Mission of the Oklahoma City Hearing Loss Association is to open the world of communication to people with hearing loss by providing information, education, support and advocacy.



Volunteer: a person who performs a service willingly and without pay.

Good friends are like stars. You don't always see them, but you know they're always there.

Want to volunteer? Contact Venice Meade at vmegade1@cox.net, (405) 537-4907. We welcome you to join us!

Thank You!

Thank you to everyone who has given me tips, advice, material and suggestions for the newsletter. The newsletter is very much a team project!

HLA Board Members

Charles Chastain, c-chastain@sbcglobal.net
Ana Covey, ana@assist2hear.com, Evening Group Chair
Wanda Evans, wje1908@hotmail.com
Pat Fennell, pbreilh@att.net, Day Group Chair
Sylvia Frank, sylviafrank43@gmail.com
Ron Hendricks, ron-gmi@swbell.net, Treasurer
Sharon Hendricks, sharonok@swbell.net, Secretary
Elaine Lains, tlains@sbcglobal.net, Editor
Nancy Landrum, nanlan@cox.net
Bob Quatro, quatrora@cox.net

Visit the **Faye Donalson Hearing Helper Demonstration Room (HHR)** at 5100 N. Brookline, Suite 100. Assistive listening devices, sonic boom alarm clocks, telephones (also for visually impaired), bed shakers, smoke alarms, and more are available for **demo and short-term loan**.

Hours are Mon-Fri 10am to 3pm.

Quote of the Month

“Those who can, do. Those who can do more, volunteer.”

Anonymous

Grapevine News



- Charles Chastain is having cataract surgery in the left eye on January 29th. His right eye was operated on about 6 weeks ago. His new Choctaw name is Nishki Halupa (Eagle Eye).
 - Bob Quatro attended the Governor’s Inauguration.
 - Nancy Landrum’s 9 year old grandson, Jayce, spent a week with her after Christmas. He was so helpful around the house that I told him it was like having a robot to help with all the tasks. Jayce liked that and thereafter whenever I could use some help I called out “Robo, Robo” and he came running. Unfortunately for me, he had to go back to school the next week.
-

Share the newsletter! Someone with hearing loss, their family member or friend may find just the answer or encouragement they need.

Change of Address - Mail or Email

Please let us know, so you can continue to receive the newsletter and other publications from the HLA Central Oklahoma Chapter. See page 2 for people to contact.

Joke of the Month



Quiet Restaurants *by Ron Hendricks*

Would you like to find a quiet place to enjoy a meal? Me too! So let's do something about it. There is a new app for I-Phone (Android is coming): SoundPrint. Download it from the App store and go to work. SoundPrint is a decibel meter that measures the noise level in the restaurant while you eat. You then upload to a shared file so everyone can see. In a short while we will have a database of all the restaurants in OKC, and when you are ready to eat out, check your SoundPrint data base and find a nice quiet place for a meal.

Field Trips!

Coming in March: Cowboy Hall of Fame; Private presentation and Special tour. Details TBA.

Coming in May: Rodeo Cinema; Special Showing and Photo Fundraiser. Details TBA.



CHECK IT OUT!

Apps for your iPhone or Android

<http://www.captionfish.com/theaters/cinemark-tinseltown-usa-oklahoma-city>

◇ Cinemark Tinseltown—6001 N. MLK Blvd, OKC 73111

◇ Harkins at Bricktown

◇ Regal Spotlight Stadium 14 in Norman —Sony Glasses

◇ Starplex West End Pointe 8 in Yukon

- ◇ Warren Theater in Moore -Sony Glasses
 - ◇ AMC Northpark Mall
 - ◇ AMC Quail Springs Cinema 24 Theater—Quail Springs Mall
 - ◇ AMC Penn Square Mall
 - ◇ AMC Crossroads Mall
 - ◇ AMC Springs Mall West
-



I Have Hearing Loss. My Partner Doesn't. Help!

January 22, 2019, Gael Hannan

In the vocabulary of people with hearing loss (PWHL), a person who doesn't require any devices is referred to as 'hearing'. As in, I have hearing loss and my husband is hearing. I refer to him in my work as the Hearing Husband.

Many or most PWHL love having a hearing person – be it a spouse, or a close friend – in their lives to help fill in the gaps of what we don't hear or understand. But I wonder if the reverse is also true: a hearing person loves having a PWHL in their lives so that they can be interrupted in almost any activity for requests of “what did he say”, be constantly reminded to speak-up-face-me-don't-mumble, and frustrated demands to take over a phone call with the power company because the customer service rep on the other end is not understandable.

That's not all. The hearing person and PWHL have been communicating so well on a car trip, that the hearing person forgets – for just a moment – to have their face visible for a comment. The reply is swift: why do you always face away from me when we talk?

I have often asked the Hearing Husband about how he feels about living with me and my hearing loss. In his tactful way, he says it's all part of life together. But even though we've had 30 years of togetherness, there isn't a day that we don't have some hearing-related incident. When he shows irritation at a request to face me, etc., I try to remember that he's usually just annoyed at himself for forgetting. If I get irritable with him, it's almost always because of my own frustrations with hearing loss, not him.

I won't say that love conquers all, because sometimes it doesn't. Hearing loss can place a real burden on communication, which is the glue that keeps us connected. But if someone loves you, they're not going to let hearing loss change that. Unless, of course, you refuse to admit your hearing loss and won't do what it takes to improve communication. I've been lucky; the Hearing Husband has been my cheerleader through years of getting used to new hearing aids, writing deadlines and, most notably, getting a cochlear implant two years ago. The only tough part was that nobody told him he'd have to remove the stitches from my head.

The hearing people in our lives might not be perfect, but with a little patience and communication training – or perhaps a lot of patience and a little communication training – they might become darn-near-perfect.



Scholarship

Central Oklahoma Chapter of the Hearing Loss Association of America (HLAA)

Is proud to announce our 2019 Scholarship:

Two scholarships will be awarded of \$1,000 each.

Applicant Requirements:

Documentation of hearing loss

Submit an essay of how hearing loss has affected your life

Resident of Oklahoma

Must be attending higher education in Fall 2019

*See application for additional requirements

Application Deadline: April 8, 2019

Download application from WWW.OKCHearingLoss.org

or pick up at the Faye Donalson Hearing Helper's Room

5100 N Brookline, Ste. #100, OKC, OK 73123

The **Hearing Loss Association of America Central Oklahoma Chapter (HLAA-COC)** newsletter is published monthly by the Central Oklahoma Chapter. The views and ideas expressed herein are those of the editor and staff of the Hearing Loss Association of Central Oklahoma and may not always reflect those of Hearing Loss Association of America. For further information: Write to our chapter address: PO Box 42801, OKC, OK 73123.



HLAA Local Website and Forum

Visit www.okchearingloss.org to view maps and schedules for our local chapter meetings and special events. Read about the services offered by the *Faye Donalson Hearing Helpers Room*.

Visit http://groups.yahoo.com/group/OKC_HLAA for the OKC-HLAA forum. Sharon Hendricks is our webmaster. We welcome your feedback and comments on our websites. For the Facebook page, search in the Facebook search box for **Hearing Loss Association of Central Oklahoma**.

Hearing Loss Association of America

If you are not yet a member of National HLAA, you are encouraged to join and take advantage of their services. The bimonthly Hearing Loss Magazine is full of treasures for anyone with hearing loss or the family and friends of such.

Founded in 1979, the Hearing Loss Association of America (HLAA), is the nation's foremost advocacy organization for people with hearing loss. It opens the world of communication to people with hearing loss through information, education, advocacy and support.

Information can be found at www.hearingloss.org. The national headquarters is located at 7910 Woodmont Avenue, Suite 1200, Bethesda, MD 20814.

HLA - Central Oklahoma Chapter Committees **Join a committee and have a say in your HLA!**

Share and listen to ideas that might contribute to providing information, education, support and advocacy for people with hearing loss in the Oklahoma community.

You are welcome to join any of the committees:

Fundraising, Marketing, Membership, and Scholarship.

Contact any board member to join.

See page 2 for the names and emails of our Board Members.

!! THANKS TO OUR SPONSORS !!

Our thanks to these sponsors for supporting the Hearing Loss Association - Central Oklahoma Chapter. Your support of our organization and its programs is greatly treasured.

PLATINUM

Assist2Hear, Carol Kirts Davis, Cochlear Americas, GN Resound Hearing Aids, Hearts for Hearing, Hough Hearing and Speech Center, Integris Community Health Improvement, OG&E Energy Corp, Oklahoma ABLE Tech, Ramona Virgin

GOLD

SILVER

Marvin and Carolyn Blue, Calvin & Linda Bryant, Wanda Evans, Don & Joyce Keel, Terry L. Mock, Marcia S. Moore, Ph.D., Marion Thompson, Young Reporting Services, Ruth Louise Wallace

BRONZE

Sharon & Ron Hendricks, Tony and Sharon Howard, Vernice Meade, Leon Nelson, Harold D. Simons

**Mail your support of an annual tax deductible donation to:
*Hearing Loss Association of Central Oklahoma, Chapter Treasurer, PO Box 42801,
Oklahoma City, OK 73123.***

Platinum Level: \$500

Gold Level: \$250-\$499

Silver Level: \$100-\$249

Bronze Level: \$50-\$99

New Membership or Renewal: Bring to a chapter meeting or mail to:
Hearing Loss Association of America Central Oklahoma Chapter
PO Box 42801, Oklahoma City, OK 73123

Please Print Clearly:

Name _____ Date _____

Address _____

City _____ State _____ Zip _____

Birthday Month _____ Phone _____

E-mail address _____

New to Hearing Loss Association – Central Oklahoma Chapter

Preference for your newsletter delivery:

email Postal Mail

Are you a member of HLAA – National? Yes No

Annual chapter dues: \$10.00 per individual or \$15.00 per family.

Contributions are tax deductible. Amount of donation \$ _____

Membership is based on the calendar year: January through December.

JOIN TODAY!