



**Hearing Loss  
Association  
of America**  
Central Oklahoma Chapter

**August 2018    Volume 19, Issue 6**



**The 2018 HLAA\_COC Ice Cream Social: More than Just Ice Cream!**

August 4, 2-4pm, at the Lakeside Methodist Church, 2925 NW 66th Street, OKC, OK.

**Best door prizes ever!**

The hearing aid company, GN Resound, is donating a pair of Linx 3D 9 hearing aids in whichever model the lucky recipient needs. This would be a \$6,100.00 value. The person with the winning ticket will need to be tested to determine what type of hearing aid model is needed.

Second door prize: A Home Telecoil Loop, to be installed by Assist2Hear in the home of the person with the second winning ticket. He/she will need a hearing test at Hearts For Hearing and will need one follow-up visit.

**One ticket per person. Tickets to be given out when the HLA meeting starts.  
Please bring ice cream or cookies to share.**

The Central Oklahoma Chapter of the HLA will announce this year's scholarship winners at the Ice Cream Social.

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**Any personal news, articles, etc., to be included in the newsletter are due by the 3rd Thursday of the month!**

Email the editor (Elaine) at [tlains@sbcglobal.net](mailto:tlains@sbcglobal.net)

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## OUR MISSION

The Mission of the Oklahoma City Hearing Loss Association is to open the world of communication to people with hearing loss by providing information, education, support and advocacy.

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Coming Soon! September HLA Meetings!



Day Group

**When:** Third Thursday, September 21st, Social period - 1:00pm, meeting - 1:30pm.

**Where:** Lakeside Methodist Church, 2925 NW 66th St., Oklahoma City.

**Speaker:** Leslie Bell, Caption Call Representative

**Topic:** Marsy's Law for Oklahoma, State Question 794, which addresses the rights and safety of victims of crime.



Night Group

**When:** Second Monday, September 10th, Social period - 6:30pm, meeting - 7:00pm.

**Where:** Lakeside Methodist Church, 2925 NW 66th St., Oklahoma City.

**Speaker:** Bernie and Adam Wile

**Topic:** Bernie and Adam from the Caleb Effect Foundation will be our speakers in September. The Caleb Effect was started after their 2yr old son Caleb returned to heaven May of 2016. They have turned sorrow into spreading joy and good service throughout our community. Join us for a great meeting of hope and positivity!

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*Volunteer: a person who performs a service willingly and without pay.*

**Good friends are like stars. You don't always see them, but you know they're always there.**

**Want to volunteer? Contact Venice Meade at  
vmeade1@cox.net, (405) 537-4907. We welcome you to join us!**

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|----------------------|----------------------------|-----------------|
| <b>Pati Burns</b>    | <b>Evening Group Chair</b> | <b>548-4311</b> |
| <b>Pat Fennell</b>   | <b>Day Group Chair</b>     | <b>816-8408</b> |
| <b>Ron Hendricks</b> | <b>Treasurer</b>           | <b>721-0757</b> |
| <b>Elaine Lains</b>  | <b>Editor</b>              | <b>317-5377</b> |

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### Quote of the Month

It has been said that man is a rational animal. All my life I have been searching for evidence which could support this.

*- Bertrand Russell*

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# Thank You!

Thank you to everyone who has given me tips, advise, material and suggestions for the newsletter. The newsletter is very much a team project!

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Visit the **Faye Donalson Hearing Helper Demonstration Room (HHR)** at 5100 N. Brookline, Suite 100. Assistive listening devices, sonic boom alarm clocks, telephones (also for visually impaired), bed shakers, smoke alarms, and more are available for **demo and short-term loan**.

**Hours are Mon-Fri 10am to 3pm.**

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## Hearing Loss Embarrassment #12 (Talking Over Other People)

July 23, 2018 Gael Hannan

If you were to ask a person what bothers them the most about their hearing loss, be prepared to hear a long list, starting with not being able to hear very well. But there are many more, including these:

- The eternal need to say pardon or would you repeat that, please?
- Having people reply “oh never mind” when you do.
- Not being able to follow the conversation.
- Being forced into Bluff Mode – pretending to understand what’s being said. Being caught at Bluffing.
- Taking care of hearing aids, including remembering to take them off before showering.
- Having to buy hearing aids in the first place, instead of buying that new car or paying off your credit card.
- Plus 93 other irritating, inconvenient and unavoidable aspects of hearing loss!

Included in my personal Top 100 list of hearing-related, crazy-making things is #12, a situation that still has the power to make me blush: starting to talk and being told to SHHH! – sometimes subtly, sometimes not – because someone else is already talking.

This is called ‘talking over’ someone. I know that hearing people sometimes do this (the internet has a lot to say about rude people talking over other people), but I can tell you that people with hearing loss frequently do it. We’re not rude; we simply don’t hear that another person is already talking. There might be background noise or several conversations happening at once, but whatever the reason, we just don’t hear that someone else has the floor. So we jump in, often loudly, with whatever we want to say.

When this happens – in my world – another person will hold up a finger to me and point to the person talking. I suppose this is the best way, silent and relatively discreet because not everyone will see that finger (you hope). Or, someone will look at me, shake their head slightly and say (at what seems to be a thundering volume, but probably isn’t), “Hang on, Gael, Bob is talking.” This is a nice but still embarrassing way of saying “Shut up, talk-hog, it’s not your turn.”

Occasionally – and this is worse with people you’re not related to by blood or close friendship – you jump in and talk over someone, but are politely allowed to finish your bit. Only then do they say something to the effect of, “That’s nice, Gael, but Bob was already speaking.” That’s when I mutter “Oh. Sorry, Bob.” That’s when I consider leaving the conversation, the room, the building and catching a train to a town populated entirely by hard of hearing people. If I can’t find one, I’d start a community with a hearing loss-only population.

The only way to prevent ‘talking over’ is to make completely sure no one in your conversation group is already talking; then it’s fair game who gets to speak next. But in reality, by the time you see that the field is clear, someone else has already jumped into the silence. This is why

many people with hearing loss simply don't join the conversation; they stay silent because they don't want to risk "talking over".

It helps to understand that everyone does this from time to time. While you still might squirm silently when it happens, it helps to have a little confidence and learn to say, "Oh, sorry Bob, I didn't hear you. What were you saying?" Then you listen with interest until it's your turn.



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## About Town

### **Movie Theater in Oklahoma City Gets a Hearing Loop**

The **newly renovated Rodeo Theater**, located in Stockyard City, and also the home of the Oklahoma Opry, had a hearing loop installed in May.

Ana Covey, HLA member, spent 14 hours laying the loop from Assist2Hear. The theater will show independent, foreign films and more. They are actually a non-profit and are very excited to host groups who can benefit from the loop for special events or meetings.

### **Hearing Helpers Recognition**

Thursday, September 7, 2018, Open House 3pm - 5pm

We will be celebrating the 20th anniversary of the Hearing Helpers Room.

### **Senior Day at the Fair**

Wednesday, September 19, 9am - 5pm

Modern Living Building at the State Fair Grounds

Seniors have free admission at that time, but you will still have to pay for parking.

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### **Laughter - the Best Medicine**

I joined a health club last year,  
Spent about 400 bucks.  
Haven't lost a pound.  
Apparently you have to go there.

*Sent by Vernice Meade*

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### CHECK IT OUT!

Apps for your iPhone or Android

<http://www.captionfish.com/theaters/cinemark-tinseltown-usa-oklahoma-city>

- ◇ Cinemark Tinseltown—6001 N. MLK Blvd, OKC 73111
- ◇ Harkins at Bricktown
- ◇ Regal Spotlight Stadium 14 in Norman —Sony Glasses
- ◇ Starplex West End Pointe 8 in Yukon
- ◇ Warren Theater in Moore -Sony Glasses
- ◇ AMC Northpark Mall
- ◇ AMC Quail Springs Cinema 24 Theater—Quail Springs Mall
- ◇ AMC Penn Square Mall
- ◇ AMC Crossroads Mall
- ◇ AMC Springs Mall West

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The **Hearing Loss Association of America Central Oklahoma Chapter (HLAA-COC)** newsletter is published monthly by the Central Oklahoma Chapter. The views and ideas expressed herein are those of the editor and staff of the Hearing Loss Association of Central Oklahoma and may not always reflect those of Hearing Loss Association of America. For further information: Write to our chapter address: PO Box 42801, OKC, OK 73123.

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### **HLAA Local Website and Forum**

Visit [www.okchearingloss.org](http://www.okchearingloss.org) to view maps and schedules for our local chapter meetings and special events. Read about the services offered by the *Faye Donalson Hearing Helpers Room*.

Visit [http://groups.yahoo.com/group/OKC\\_HLAA](http://groups.yahoo.com/group/OKC_HLAA) for the OKC-HLAA forum. Sharon Hendricks is our webmaster. We welcome your feedback and comments on our websites. For the Facebook page, search in the Facebook search box for ***Hearing Loss Association of Central Oklahoma***.

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### **Hearing Loss Association of America**

If you are not yet a member of National HLAA, you are encouraged to join and take advantage of their services. The bimonthly [Hearing Loss Magazine](#) is full of treasures for anyone with hearing loss or the family and friends of such.

Founded in 1979, the Hearing Loss Association of America (HLAA), is the nation's foremost advocacy organization for people with hearing loss. It opens the world of communication to people with hearing loss through information, education, advocacy and support.

Information can be found at [www.hearingloss.org](http://www.hearingloss.org). The national headquarters is located at 7910 Woodmont Avenue, Suite 1200, Bethesda, MD 20814.

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**!! THANKS TO OUR SPONSORS !!**

**Our thanks to these sponsors for supporting the Hearing Loss Association - Central Oklahoma Chapter. Your support of our organization and its programs is greatly treasured.**

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Cochlear Americas, Hearts for Hearing, Hough Hearing and Speech Center, Integris Community Health Improvement, OG&E Energy Corp, Oklahoma ABLE Tech, Ramona Virgin

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**BRONZE**

Pati Burns, Vernice Meade, Leon Nelson, Harold Simons, Ruth Louise Wallace

**Mail your support of an annual tax deductible donation to:  
*Hearing Loss Association of Central Oklahoma, Chapter Treasurer, PO Box 42801,  
Oklahoma City, OK 73123.***

**Platinum Level: \$500**

**Gold Level: \$250-\$499**

**Silver Level: \$100-\$249**

**Bronze Level: \$50-\$99**

**New Membership or Renewal:** Bring to a chapter meeting or mail to:  
Hearing Loss Association of America Central Oklahoma Chapter  
PO Box 42801, Oklahoma City, OK 73123

Please Print Clearly:

Name \_\_\_\_\_ Date \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Birthday Month \_\_\_\_\_ Phone \_\_\_\_\_

E-mail address \_\_\_\_\_

New to Hearing Loss Association – Central Oklahoma Chapter

Preference for your newsletter delivery:

email  Postal Mail

Are you a member of HLAA – National?  Yes  No

Annual chapter dues: \$10.00 per individual or \$15.00 per family.

Contributions are tax deductible. Amount of donation \$ \_\_\_\_\_

Membership is based on the calendar year: January through December.

**JOIN TODAY!**